



LISTEN INCLUDE RESPECT

What is Listen Include Respect?

People with intellectual disabilities are among the most excluded people in our community. Organisations have a responsibility to be accessible and inclusive of everyone.

Listen Include Respect are guidelines for organisations on how to make sure people with intellectual disabilities are included and can take part in activities and decision making.

What are the barriers people with intellectual disabilities face?



Discrimination
and
stereotyping



Exclusion
from
decision
making



Poor
support
and lack of
time



Inaccessible
information



"People with intellectual disabilities may be invited to meetings but we are not always given the support or time to take part. So we can't share our ideas.

Just being in the room is not inclusion."

Mark - Malawi

What do the guidelines cover?

Listen Include Respect will guide you through the key principles of inclusion and give you practical how-to steps towards making your work more inclusive.

Accessible
information



Inclusive
meetings



Good
support



Governance



Inclusive
employment



How did we create the guidelines?

We used the knowledge and experience of Down Syndrome International and Inclusion international's members to gather information and good practices.

1500 people



100 countries



60 inclusive
consultations



A global survey in 10
languages



Practical tests with 5
organisations



"With the right support we can participate, it is our right to do so.

People with intellectual disabilities can be leaders and participate with our own voice.

The organisations working for inclusion have to be the first ones to include, and give opportunities.

Domi - Argentina

Find out more!

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