

## Crisis

If you are at risk of causing serious harm to yourself or others, call the KAS crisis line at 1-877-501-4715 or 717-220-1465 and ask to speak to a Behavioral Specialist. If you call Monday through Friday between 5:00 pm and 8:00 am or on the weekends, you will be connected to an answering service and can ask to speak to the on-call Behavioral Specialist about your crisis event.

### Additional Crisis Resources

#### All locations

- National Suicide Prevention Hotline – 1-800-273-8255
- National Hopeline Network – 800-SUICIDE
- NAMI National HelpLine – 1-800-950-NAMI(6264)
- NAMI Text support - Text 741-741 to NAMI to connect with a trained crisis counselor
- 988 Suicide & Crisis Lifeline - Call 988
- Veterans Crisis Line – 1-800-273-8255, press “1” or [Chat Online](#)
- LGBT National Hotline – 1-888-843-4564 (M-Fr 4p-12a, Sat 12p-5p)
- Trans Lifeline – 1-877-565-8860 (5p-1a EST 7 days/wk)
- Poison Control – 800-222-1222
- Alcohol & Drug Abuse Hotline – 800-729-6686
- National Domestic Violence Hotline – 800-799-7233

#### Chester County

- Crisis Intervention/Mobile Crisis/Warm line – 1-610-280-3270

#### Cumberland County

- Crisis Intervention (Camp Hill area) 1-717-763-2222
- Crisis Intervention (Carlisle area) 1-717-243-6005
- Warm Line – 877-243-7153 (Mon & Fri 7p-9p, Tues-Thurs 7p-10p, Sat & Sun 1p-4p)

#### Dauphin County

- Warm Line - 800-971-0016
- Crisis Intervention 717-232-7511

#### Lancaster County

- Crisis Intervention – 717-394-2631
- Warm line – 717-945-9976 or 800-971-0016

Warm Line: The WarmLine is a free, confidential phone service you can call to speak one-on-one with a certified peer specialist. This is not a crisis line, but a safe place to discuss problems, talk about your day, or ask questions related to recovery and coping with serious mental illness.